



Guía de uso



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PUBMED

1-Qué es.

-Es un motor de búsqueda gratuito.

-De la base de datos MEDLINE de citaciones y resúmenes de artículos de investigación biomédica.

-Desarrollado por la Biblioteca Nacional de Medicina de los Estados Unidos (NLM).

-Contiene más de 15 millones de referencias bibliográficas de artículos provenientes de 4800 revistas internacionales de ciencias de la salud , publicadas en Estados Unidos y en más de 70 países de todo el mundo y las referencias de OLDMEDLINE desde 1953.

2-Dónde lo encontramos

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3-Tipos de búsquedas : 3-1- Busqueda simple

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Si conocemos el **PMID** del artículo que buscamos, lo introducimos, y nos llevará directamente a él. Si no es así, y estamos buscando algo más general, podemos introducir un término de búsqueda, el nombre de una nfermedad, por ejemplo: «**Reumatoid arthritis**», y vemos que nos devuelve un total de **X** artículos sobre el tema.



Podemos acotar resultados, con las opciones de la columna de la izquierda:





Por ejemplo: Todos los artículos de revisión a texto completo gratuitos sobre este tema del último año:



Podemos ver los filtros aplicados:

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	J Neuroinflammation, 2018 May 15:15(1):144, doi: 10.1186/s12974-018-1192-7, Review.	
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	2018 Apr 23. PMID: 29763080 Free Books & Documents Similar acticles	Association between IL-6 production in synovial explants from r [PLoS One. 2018]



3-2- Búsqueda avanzada.

Nos sirve para cuando estemos buscando determinados artículos de los cuales no conozcamos su PMID o su título, pero si otros datos.

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Ejemplo: Buscar, de la revista SLEEP & BREATHING, este artículo:

-**Título** : The association between ophthalmologic diseases and obstructive sleep apnea: a systematic review and meta- analysis.

-Autores: Huon, Leh-Kiong; y otros;

-Año 2016

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Vemos que nos lleva a resumen del artículo. Si queremos descargar el texto completo en pdf, pinchamos en el icono de la Biblioteca online:



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Título: The association between ophthalmologic diseases and obstructive sleep apnea: a systematic review and meta-analysis. Fuente: Sleep & breathing [1520-9512] Huon, Leh-Kiong Año:2016 vol.:20 iss:4 pág.:1145 -1154	
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SLEEP Breathing	Steep and Breathing □ December 2016, Volume 20, Issue 4, pp 1145-1154 Cite as The association between ophthalmologic disease and obstructive sleep apnea: a systematic review and meta-analysis Authors Authors and affiliations Leh-Kiong Huon, Stanley Yung-Chuan Llu, Macario Camacho, Christian Guilleminault C Sleep Breathing Physiology and Disorders • Review First Online: 26 May 2016	2S 7	Download PDF 🛓 Cite article • Share article Article Abstract Introduction Materials and methods Results Discussion
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•	Stop Breach (2016) 30:1145-1154 DOI 10.3007/s01325-016-128-4	Carakter (
The association - between	SLEEP BREATHING PHYSIOLOGY AND DISORDER:	S • REVIEW
opninalmologic	The association between ophthaln	nologic diseases and obstructive
obstructive sleep	sleep apnea: a systematic review a	and meta-analysis
Abstract	Leh-Kiong Huon ^{1,2,3,4} - Stanley Yung-Chuan Liu ⁴ - Macar	io Camacho ^{3,4,5}
Abstract	Christian Guilleminault ²⁶	
Abstract		
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Abstract	Received: 27 January 2016 (Revised: 4 May 2016 (Accepted: 10 May 201 © Springer-Verlag Barlin Heideberg 2016	8 Published coline: 26 May 2016
Introduction	Abstract	(pooled OR =4 157: P < 0.001). In program, the overall pooled
Materials and methods	Purpose The purpose of this study was to evaluate the asso- ciation between obstructive sleep apnea (OSA) and ophthal-	OR for OSA was 1.746 (P = 0.002) in the glaucoma group. 3.126 (P = 0.000) in the NAJON group, and 2.019 (P = 0.028)
	inclogic diseases, specifically gaucona, nonartentic attentor ischemic optic neuropathy (NAJON), retinal vein occlusion	in the CSR group. For KVO, one study with 5965 USA patients and 29,669 controls demonstrated a 1.94-fold
Publication	(RVO), central serous choricoretinopathy (CSR), and floppy	odds increase in OSA patients.
search	eyelid syndrome (FES), by performing a systematic review and meta-anabasic of reablidard studies	Conclusion: Our results suggest significant associations be- tween OSA and elancoma NAION CSR and FES
Eligibility criteria	Methods PubMed, Embase, and Scopus databases were searched for observational studies on OSA and its association	Screening for OSA should be considered in patients with glau- coma, NAION, CSR, or FES.
II Date	with select ophthalmologic diseases. Data was pooled for	
extraction	random-effects modeling. The association between OSA and ophthalmologic diseases was summarized using an estimated received with a 95 % coefficience interval	Keywords Obstructive sleep apnea - Glaucoma - Floppy eyelids - Nonateritic anterior ischemic optic neuropathy -
Level and	Results Relative to non-OSA subjects, OSA subjects have increased adds of framewing with structure (world) adds ratio	Central servus chorioretinopathy
quality of	(OR) = 1.242, P < 0.001) and floppy eyelids syndrome	
evidence		Introduction
assessments		Obstructive sleep apnea (OSA) is characterized by recurrent
Statistical	10 Christian Galleninadt cgol@stanforf.edu	episodes of partial or complete upper airway obstruction
methods		during sleep that is associated with desaturation and re-
	 Department of Otolarynaploirs, Head and Nuck Surgers, Cabas 	sufficience whenever me real porter me reactivitiente



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Esta aplicación utiliza información procedente de NOBI de acuerdo con las AVISO LEGAL POLITICA DE COOKIES	siguiertes condiciones.

3-3- Búsqueda con lenguaje MESH:

El **MESH** (Medical Subject Headings) es **el tesauro de Medline, un vocabulario controlado** que contiene los descriptores (PALABRAS CLAVE), utilizados en esta base de datos.

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Blood (6)	Microglial control of astrocytes in response to microbial	
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J Biol Chem (8)	Bystander CD8 ⁺ T cells are abundant and	



A los documentos que tratan sobre un mismo tema se les asigna el mismo descriptor, por ejemplo: el autor puede utilizar la palabra **flu** o la palabra **grippe** (gripe) pero en el MeSH se le asigna **Influenza Human**, que es el término aceptado en el tesauro MeSH.

El <u>MeSH</u> permite aumentar la eficacia de nuestras estrategias porque las definimos de una manera más exacta.

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1.	Influenza, Human An acute viral infectio MUCOSA; the PHAR Year introduced: 2006 (1	on in humans invo YNX; and conjun 1963)	lving the respiratory tra ctiva, and by headache	act. It is marked by inflan and severe, often gene	nmation of the NASAL ralized, myalgia.	Add to search builder Search PubMed
2.	Multi-Ingredient Cold A broad category of in resulting from the CC are available as OVE PRESCRIPTION DR Year introduced: 2011	d, Flu, and Allerg multi-ingredient pr DMMON COLD; A R-THE-COUNTE UGS or as BEHIN	/ <u>Medications</u> eparations that are ma LLERGIES; or HUMAN R DRUGS some of the D-THE COUNTER DF	rketed for the relief of up I INFLUENZA. While the rm contain ingredients th RUGS.	oper respiratory symptoms majority of these medications hat require them to be sold as	Find related data Database: Select Find items
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Lo primero que tenemos que hacer por tanto es buscar esos descriptores **mesh** que sustituyan a nuestras palabras, para luego, sí, buscar en PUBMED.

Vamos a utilizar como ejemplo "el tratamiento de la sinusitis con amoxicilina". Para ello, escribiremos ambos términos, en el cajetín de búsqueda.

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Circulation (9)	Imposed by a Domestication Gene. Cell. 2017.	Journal Club discusses systematic review & quality of measures bit.ly/2qCgQY9 Maw 23			
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Nos encontramos con varias opciones entre las que elegir. Podemos ir abriendo uno a uno todos los descriptores propuestos para ver cuál nos interesa más (según su definición, posición jerárquica, etc.) o



podemos seleccionar directamente el que creamos a simple vista que más se ajusta a nuestro interés. En nuestro caso, la mejor opción es la primera: *Sinusitis*



La información extra que se nos ofrece es mucha: definición, sustantivos a los que sustituye, posición jerárquica que ocupa en el lenguaje, etc. Esta información nos sirve para especificar aún más lo que queremos.

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Realizamos el mismo proceso con el segundo término. A diferencia de lo que ocurría antes, ahora solo nos ofrece una opción. Podemos especificar la búsqueda eligiendo algún subencabezado. En este caso vamos a elegir "therapeutic use"



Vinculamos el nuevo descriptor ,con el anterior que ya está cargado en el search builder empleando el operador booleano que más nos interese: AND (intersección), OR (unión) o NOT (exclusión).



Como estamos interesados en la intersección entre los dos conceptos, seleccionamos el operador AND y pulsamos Add to search builder



Ahora ya podemos buscar en PUBMED:

S NCBI Resources ⊻ F	ow To 🗹			Sign in to NCBI
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PubMed search builder of Subheadings: adverse effects analogs and de analysis antagonists and blood cerebrospinal fl chemical synthe classification	ptions nd dosage ivatives inhibitors iid sis	contraindications conomics etiology inistory inistory isolation and purification metabolism organization and administration pharmacokinetics pharmacology	 physiology poisoning radiation effects standards statistics and numerical data supply and distribution interapeutic use toxicity urine 	AND Search PubMed Weiter Tutorial Related information PubMed PubMed - Major Topic Clinical Queries NLM MeSH Browser MedGen PubChem Compound
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Vemos los resultados obtenidos, que al igual que en el tipo de búsqueda anterior, también podríamos acotar con los filtros a la izquierda de la pantalla.



Si hubiésemos hecho una búsqueda básica en PUBMED, con los mismos términos, la cantidad de artículos encontrados sería mayor, pero la especificidad sobre el tema menor:





3-4- Búsquedas a través del móvil.

Se trata de una interfaz web simplificada que nos permite realizar búsquedas rápidas y sencillas cuando no tengamos a mano un dispositivo más completo, como una pantalla de ordenador.



Podemos filtrar por:

- -Tipo de artículo
- -Disponibilidad de texto completo.(Sólo se podrán abrir los que sean gratuitos)
- -Fecha de publicación (Cinco o diez años).





También podemos ordenar los artículos por: fecha de publicación, autor, revista, etc.

Existe otra versión también gratuita con publicidad, además de las de pago.

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3-5- Búsquedas para la práctica clínica, (Clínical Queries),

para **a**yuda en la toma de decisiones.

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Nos sirve para buscar Estudios clínicos, Revisiones sistemáticas y Estudios Genéticos.

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		Apr 28.		ty in nalysis. Juvenile arthritis: current concepts in terminology.	Juvenile arthritis: current concepts in terminology.
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Methotrexa	te in crohn's disease: a ne	v face for an old drug?	Arthritis Res Ther. 2016 May 4; 18(1):100. Epub 2016 May 4.	Collagen induced arthritis minipig model. Lee WJ, Kim JY, Wu TP, Park LS.	
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The Efficac	y and Safety of the Combir	ation of Total Glucosides	Hanson H, O'Brien N, Whybrow P, Isaacs JD, Rapley T. Health Expect. 2016 May 4: . Epub 2016 May 4.	Rheumatoid arthritis. Smolen JS, Aletaha D, McInnes IB.	
of Peony and Leffunomide for the Treatment of Rheumatoid			Lancet. 2016 May 3; . Epub 2016 May 3.		
Arthritis: A	Systemic Review and Meta	-Analysis	200 A	(2400)	



Podemos delimitar los resultados, en **category**, si queremos Buscar por terapia, diagnóstico, pronóstico, etc, y **scope**, si queremos obtener menos artículos pero de mayor calidad.

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	Effects of the oral Janus kinase inhibitor tofacitinib on patient- reported outcomes in patients with active rheumatoid arthritis: results of two Phase 2 randomised controlled trials. Walensten GV, Kanik KS, Wikinson B, Cohen S, Cubio M, Fleahmann R, Genorese NC, Gomez Rein J, Gruden D, Kremer J, et al.		Association of IL12B Gene Polymorphisms with Rheumatoid Anthritis: A Meta-analysis. Wang IU, Yax XI, III YY, Liv RP. Arch Med Res. 2016 May 4. Epub 2016 May 4. The Innext of Obsaiv on Remission and Disease Activity in		[Genetics and genomics in rheumatoid arthritis update]. Rodríguez-Elias AK, Maldonado-Murillo K, López-Mendozz	,RA): An	
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4-Otras utilidades de PUbMed: 4-1Guardado de búsquedas o envío por correo.



19 de **21**



4-2-Posibilidad de suscribirse, para tener acceso a las últimas noticias

sobre el tema.

4-3-Y de crear alertas,



(Pero para esto último, es necesario darse de alta como usuario).



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