



The 2nd International Conference on
**PreHypertension & Cardio
Metabolic Syndrome**
January 31 - February 3, 2013, Barcelona, Spain



PRELIMINARY SCIENTIFIC PROGRAM

(as of August 20, 2012)

THURSDAY, JANUARY 31, 2013

14:00 – 18:00 Registration
18:00 – 19:30 Opening Ceremony followed by Get-Together Reception

FRIDAY, FEBRUARY 1, 2013

08:00 – 17:30 Registration

08:30 – 10:30 **Satellite Symposium (*Sponsorship Opportunity*)**

10:30 – 11:00 *Coffee Break, Exhibition Visit and E-Posters Viewing*

11:00 – 13:00 **Plenary Opening Session: Pathogenesis of Prehypertension**

- Sympathetic Hyperactivity and the Metabolic Syndrome in Hypertension
- Blood Pressure Reactivity and Variability in Prehypertension
- Perivascular Fat in Hypertension and Diabetes

13:00 – 14:00 *Lunch Break, Exhibition Visit and E-Posters Viewing*

14:00 – 15:40 **Plenary Session: Subclinical End Organ Damage in Prehypertension**

- Vascular Abnormalities
- CV Risk in Prehypertension
- Correlates of Volume Control in Early Hypertension
- Albuminuria as an Early Indicator of Organ Damage
- Why Subjects with Prehypertension should be Screened for Subclinical Organ Damage

15:40 – 16:10 *Coffee Break, Exhibition Visit and E-Posters Viewing*

16:10 – 18:10 **Plenary Session: To be announced**

- Role of Arterial Stiffening in the Genesis of Hypertension
- Hemodynamic Changes in Prehypertension
- Job Strain - Can it be Prevented?
- The Good Side of the RAS; Beneficial Effects of Direct AT2 Receptor Stimulation
- Controversial Debate: Blood Pressure Reactivity in Hypertension



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SATURDAY, FEBRUARY 2, 2013

08:00 – 17:30 Registration

08:30 – 10:30 **Satellite Symposium (*Sponsorship Opportunity*)**

10:30 – 11:00 *Coffee Break, Exhibition Visit and E-Posters Viewing*

11:00 – 13:00 **Plenary Session: Lessons from Population Studies: Harvest, Tecumseh, Oslo, Bergen**

- Population Studies in Prehypertension, Review
- Baseline Data of the CHINOM Study
- The Harvest Study
- The PREVER Study
- Studies on Regression from Hypertension to Prehypertension
- Controversial Debate: Usage of Beta Blockers in PreHypertension

13:00 – 14:00 *Lunch Break, Exhibition Visit and E-Posters Viewing*

14:00 – 15:30 **Free Communications**

15:30 – 16:00 *Coffee Break, Exhibition Visit and E-Posters Viewing*

16:00 – 18:00 **Plenary Session: Prehypertension Diabetes and the Metabolic Syndrome**

- Personalized HBA1C Target, Order of Drug Therapy and it's Achievement
- Statins and the Risk of Diabetes: Should we be Afraid of that
- Mitochondrial Dysfunction in the Diabetic Endothelium

20:00 Gala Dinner (optional)



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SUNDAY, FEBRUARY 3, 2013

08:00 – 13:00 Registration

08:30 – 10:30 **Plenary Session: To be announced**

- Prehypertension; A Risk Factor for Cardiovascular Events
- Prehypertension and the Risk of Stroke
- Secondary Prevention Therapies in IHD: The Yentl Syndrome
- Companion Diagnostics as a Tool in Prevention of Complications of Hypertension

10:30 – 11:00 *Coffee Break, Exhibition Visit and E-Posters Viewing*

11:00 – 13:00 **Plenary Session: To be announced**

Renowned Speakers include*:

Giuseppe Ambrosio, Italy
Maciej Banach, Poland
Raffaele Bugiardini, Italy
Hilton Chaves, Brazil
John R. Cockcroft, UK
Peter W. de Leeuw, Netherlands
Daniel A. Duprez, USA
Raimund Erbel, Germany
Cetin Erol, Turkey
Csaba Farsang, Hungary
Flávio D. Fuchs, Brazil
Hermann Haller, Germany
Pavel Hamet, Canada
Anthony M. Heagerty, UK
Uday Jadhav, India
Andrzej Januszewicz, Poland
Stevo Julius, USA
Petr Kala, Czech Republic
Sverre E. Kjeldsen, Norway
Basil S. Lewis, Israel
Carmel McEniery, UK
Giuseppe Mancina, Italy

Athanasios Manolis, Greece
Paolo Palatini, Italy
Brian Rayner, South Africa
Itamar Raz, Israel
Alexander R. Rosenkranz, Austria
Talma Rosenthal, Israel
Luis M. Ruilope, Spain
Hiroyuki Sasamura, Japan
Guntram Schernthaner, Austria
Oliver Steinbach, USA
Thomas Unger, Netherlands
Romeo J. Vecht, Israel
Joseph A. Vita, USA
Charalambos Vlachopoulos, Greece
Bruno Watschinger, Austria
Thomas Weber, Austria
Ian B. Wilkinson, UK
Yuqing Zhang, China
Reuven Zimlichman, Israel

*This list is subject to changes